 Physical education Introduction

Nowadays in the rapidly changing culturing cultural environment,physical education is confronting a plethora of problems,challenges and opportunities

**Quotation**

intelligence and skill can only function at the peak of their capacity when the body is healthy and strong( john f.kennedy)

career scope

* Coaching career in physical education
* Teaching career in physical education
* Health related career
* Administration related career

**Link for college and school on line education**

* vist, [*http://www.keiseruniversity.edu/consumer-information/*](http://www.keiseruniversity.edu/consumer-information/)
* lnipe.edu.in
* [*.*](http://www.keiseruniversity.edu/consumer-information/)http://igipess1.du.ac.in:8080/web/home\_page.jsp
* www.bhu.ac.in
http://puchd.ac.in

**Importance**

* Physical education may help prevent disease, improve overall health and wellness, maintain social and emotional balance through building relationships, enhances a students' academic learning and performance, and fosters positive life-long habits that lead to a happier life

**Punch line** :- “if a first you don’t succeed,try something harder”

**School achievement** :- We are dedicated to maintaining the highest standards of education and sports . Our high quality learning approach ensures that we help every child achieve excellence, and to emerge with a healthy and physical fitness understanding of the world that comes from an international school education The **achievements**, successes or **accomplishments** we gain in **school** are the part of **best school** life years. Those **achievements** in middle, high **school** or college student life may include personal academic **achievements** and sports or extracurricular **achievements**.